6. **Succoth to Coiregoin Circular**

   **Glen and forest walk with spectacular scenery**

   *Distance: 2.75 km – circular*
   *Type of route: well-defined paths and moderate*

   **Route:** Follow Route 5 until you meet the tarmac road to Loch Sloy. Turn left for about 0.5 km, then take the track left over a bridge into Coiregoin. Ignoring a rough track to Ben Vane, on the right, continue west below the dramatic peaks of Ben Vane, Ben Vrach, Ben Namie, and Fhionn Chois. Finally, descend across and climbing the burn, just before a small dam.

   Take care after heavy rain or snow melt! The track heads down the opposite side of Glen Loch, with views of Ben Lomond and down Loch Long to the Clyde. As the track passes above the village of Succoth, either turn sharp left to descend to the glen, turning right out of the trees and following the road through Succoth to the head of Loch Long, or continue and turn left down the ‘zig-zag’ path to the A83 and ‘The Cobbler’ car park.

   **Hidden Heritage of a Landscape**

   *www.arrocharheritage.com*

7. **Arrochar to Honeymoon Bridge**

   **Arrochar to Ardgartan above Loch Long**

   *Distance: 2.25 miles; 3.2 km*

   **Type of route:** forest with some steep sections; summit on rough ground

   **Route:** Park at the head of Loch Long and climb the path marked by a caved wooden fox. Turn left at the T-junction, with views over Arrochar and Loch Long, and access to Ben Lomond. Continue to a park in the path, then either head left to Ardgartan or right to Honeymoon Bridge.

   The latter path continues around the Nidheil, ending in a small parking area beside the road, while the left path descends gradually and emerges from the trees above Ardtuar. Take care crossing the busy A81, then follow the path by the river to the car park and picnic area. You can extend this walk by following the trails in Route 2. This is a one-way walk, but both Arrochar and Ardgartan are on bus routes.

   **Hidden Heritage Trail website ---->

   *www.hiddenheritage.org.uk*

8. **The Cobbler**

   **Climb Ben Arthur**

   *The iconic peak of Ben Arthur (884 m), better known as The Cobbler because of its distinctive outline, dominates the view from Arrochar.*

   Although a popular climb, the terrain is steep and difficult, and the weather notoriously changeable – proper clothing and footwear is essential.

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   *www.thegreattrossachsforest.co.uk*

   **Route:**
   - Only a brief description is provided here, and you should use the appropriate OS map to plan your route. Park at the head of Loch Long (small charge), cross the road, and climb the path marked by a caved wooden fox. Turn at the T-junction, then short, soon following a stream (ignore a path to the right) and continue to the famous Varnish Boulders. Keep right at the next fork to reach a small cairn, then left to ascend above the ridge. Of three peaks of ‘The Cobbler’, the central peak is the highest, but some scrambling and a head for heights are needed to scale the rock pinnacles.

9. **Ardgartan Riverside Trails**

   **Routes:**
   - These gentle paths wind their way through mixed woodland along the River Crone and the shore of Loch Lomand.
   - The Forestry Commission marks two tracks, Crag Coup and Peninsula Circuit both starting at the small car park at Ardgartan, beside the carved wooden eagle. Looking up, you can see the south peak of ‘The Cobbler’. Look out for red squirrels in the trees, and boldy dippers fishing for insects in the river, and you may even be lucky enough to catch a glimpse of an elusive otter near the shore. In addition to these pleasant walks, Ardgartan provides a place to access many other walks towards Loch Eckhead and the Red-and- \~ banana.

   **Hidden Heritage of a Landscape**

   *www.arrocharheritage.com*

   **Route:**
   - Please pass this leaflet on when you have finished with it!
The strategic location of the three villages has shaped the history of the area for thousands of years. Loch Lomond penetrates deep into the mountains, and once provided easy access from the sea for people wishing to settle or trade, as well as for those with less peaceful intentions.

The MacFarlanes had a reputation – rightly or wrongly – as enthusiastic cattle rustlers, who would hide their beasts in the mountains near Loch Lomond the dead of night, hence the clan's battle cry of 'Loch Sloy!' and the local name for the moon of 'MacFarlane's lantern'.

The Victorian era saw a steady stream of paddle steamers bringing visitors up Loch Long from Glasgow to Arrochar, from where they could visit the local hotels, or travel across to Tarbet to catch another steamer to explore the scenery of the world famous Loch Lomond.

Loch Long has influenced local fortunes further, once part of a thriving herring fishing industry, and more recently, as the site of a torpedo-testing range, closed recently, as the site of a torpedo-testing range, closed

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